

# SELF DETERMINATION LOCAL ADVISORY COMMITTEE



# AGENDA

- Welcome and Introductions
- Brief Overview of the Law
- Status of the CMS Waiver and Timelines
- Role of the Advisory Committee
  - Discussion of Chair
  - Meeting Schedule



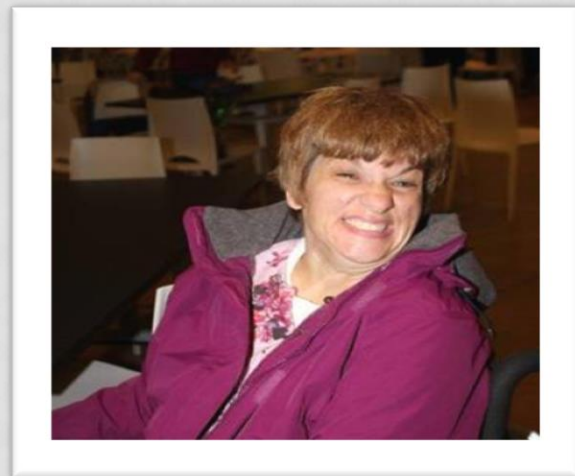
# WHAT IS SELF-DETERMINATION?

- Huge change in the law
- New option
  - Voluntary
- Regular RC services vs. SD services



# ELIGIBILITY

- Have a RC case under the Lanterman Act
- Live at home or in community
  - Not eligible if you live in certain types of long term care facilities, unless you're in the process of moving into the community
- Be willing to receive training and comply with the program's rules



# THE BUDGET

- Based upon the cost of services used in the previous 12 months
- May be adjusted based on:
  - Changing circumstances
  - Unaddressed or unmet needs
  - “The RC certifies on the individual budget document that RC expenditures for the individual budget, including any adjustment, would have occurred regardless of the individual’s participation in the Self-Determination Program.”
- New to the system, no previous 12 month history
- 10% of the funds can be shifted

# THE PROCESS AND THE PLAYERS

- Person-Centered Planning (PCP)
- You, the person with an RC case
- RC
- Facilitator, this is optional
  - Training
- Fiscal Manager, vendored provider
- Your friends, family, staff, paid supports, etc.
- Criminal background checks, fingerprinting, etc.





# INDEPENDENT FACILITATOR

(WIC 4685.8 {c} [2])

- Person, selected & directed by participant
- Not otherwise providing services to the participant pursuant to the IPP
- Assist the participant in decision making about the budget
- Assist in locating, accessing, and coordinating services and supports consistent with the IPP
- Paid out of individual budget
- Voluntary service (not required) (WIC 4685.8 {d} [3] {F})

# FISCAL MANAGER

## (FINANCIAL MANAGEMENT SERVICES – {FMS})

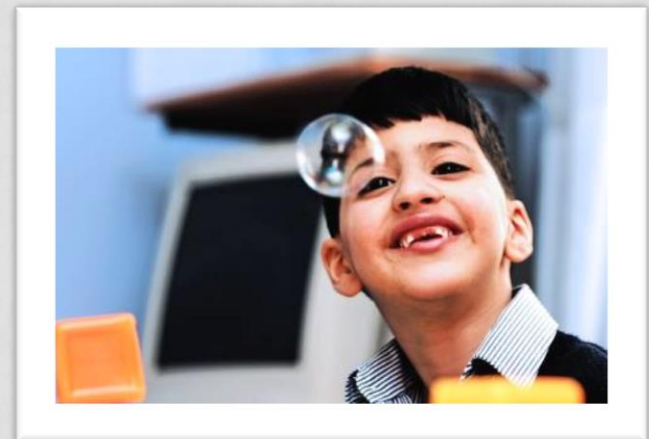
(WIC 4685.8 {c} [1])

- FMS means services/functions that assist the participant to manage and direct the distribution of funds contained in the budget
- Ensure the participant has the financial resources to implement the budget throughout the year
- May include:
  - Bill paying
  - Activities that facilitate the employment of service and support workers by the participant
- Paid out of individual budget
- Must meet Title 17 qualifications/only “vendored service” in SD (WIC 4685.8 {v})
- Required for participation (WIC 4685.8 {d} [3] {E})



# TIMELINES

- Once the Waiver is accepted by CMS, the Waiver must be approved within 90 days
  - To date, status is “unsubmitted” meaning that CMS and DDS jointly decided to remove it from the 90 day clock so that questions regarding the CMS waiver requirements can be clarified without risking running up the 90 day clock.
- Implementation of the SD Program will begin once the Waiver is approved



# ROLE OF THE SELF-DETERMINATION ADVISORY COMMITTEE

- Composition
- Objectives
  - To ensure the work is getting done, not to do the work
- Statutory requirements [WIC §4685.8(x) and (x)(1)]
  - Provide oversight of the Self-Determination Program
  - “The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements of this section, and may make ongoing recommendations for improvement to the regional center and the department.”

# OTHER ADVISORY COMMITTEES

- State Council on Developmental Disabilities'  
Statewide SDAC
  - Membership is the chair or designee of each group
  - At least twice per year, most likely conference calls
    - Identify self-determination best practices
    - effective consumer and family training materials
    - implementation concerns or systemic issues
    - ways to enhance the program and recommendations regarding the most effective method for participants to learn of individuals who are available to provide services and supports.
  - The State Council shall synthesize information received from the Statewide Self-Determination Advisory Committee, local advisory committees, and other sources
    - share the information with consumers, families, regional centers, and the department
    - shall make recommendations, as appropriate, to increase the effectiveness in furthering the principles of self-determination
- DDS' SD Workgroup

# INITIAL ISSUES TO CONSIDER

- Soft roll out
  - 2500 participants during the three year phase-in period
    - 114 (25 in existing program/89 new) for Eastern Los Angeles Regional Center
  - How participants will be selected
    - Must attend mandatory informational meeting
    - Self-identify, submit name to RC or DDS
- RC must contract with a local family-run organization to conduct outreach

# THANK YOU

- Questions?
- Thoughts?
- Next Steps

