



What is SDP?

The Self-Determination Program allows participants the opportunity to have more control in developing their service plans and selecting service providers to better meet their needs.

Who can help me with SDP?

You get to choose your team. The people who help you like friends and family can be part of your team. You can even hire an Independent Facilitator (IF) to help you identify your needs, develop your person-centered plan, find services and be your advocate.

How can I buy services?

The money to purchase services will come from a set budget. Your budget is determined by how much the regional center paid for your services in the last year. If your needs change, the budget can change. The money in your budget will be managed through a Financial Management Service (FMS). The FMS will help you pay your bills for services purchased and can hire and manage your workers.

How does it work?

First, you develop a Person Centered Plan. Then you work with your Service Coordinator to determine how much money will be included in your budget (Individual Budget). Next, you decide how you want to spend the money (Spending Plan) and work with your team to find providers for your services and supports.

What kind of services can I get?

You can choose to buy services from a person, business or agency that will help you meet your goals, as long as those goals are outlined in your IPP and they meet SDP criteria. With your individual budget you could choose to buy some or all of your current services, or you could choose to buy something different.

How do I get started or learn more?

Attending an Orientation is **REQUIRED** if you wish to start this process. You may also attend to simply learn more. Up to you! To learn more and/or to register, please click on the link below or scan the QR Code.

 <https://scdd.ca.gov/sdp-orientation/>



Scan the QR Codes or click on the links below for more information



[ELARC SDP webpage](#)



[DDS SDP webpage](#)

