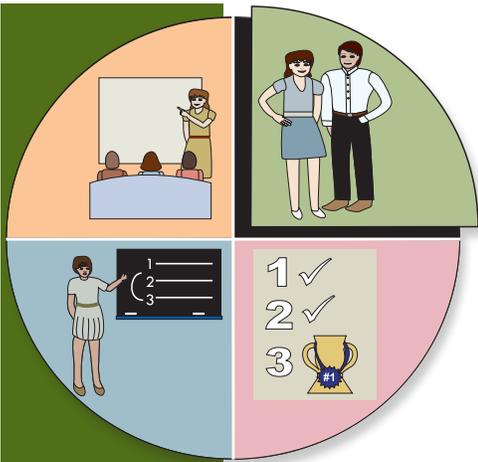


TAKING CARE OF YOURSELF

Managing My Money



THINK

Set the Goal

Think about what you want to save your money for.



PLAN

Take the Steps

Create a way to save money.



DO

Make it Happen

Save money and buy what you planned.



NAME _____



Betty's Story



THINK: Betty wanted to save money to buy a new waffle maker. Her old one had a broken handle and the waffles stuck. She found a waffle maker she liked and it cost \$54.

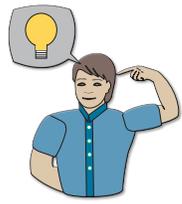


PLAN: Betty asked her support person to see where she spends her money. She decided to stop buying sodas at the mini mart and from machines. She will buy a 12 pack on sale instead. Betty will save enough money in 2 months to buy the new waffle maker she wants.



DO: Each day Betty put \$1 into her savings can. She asked her support person to help her keep track of her money. She got her waffle maker in 60 days.

Setting the Goal



THINK

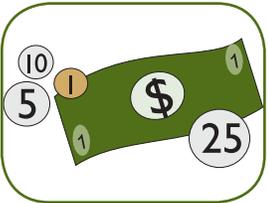
What do I want?



Why do I want it?

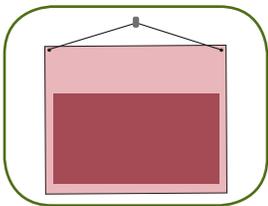


How much does it cost?



\$

When do I want it?



1 Week

1 Month

1 Year

Taking the Next Steps



PLAN

Money I need to get what I want.



\$ _____

I will spend less on:



Food treats. _____

Special activities. _____

Clothes. _____

Extra things. _____

How much do I spend now?

Week

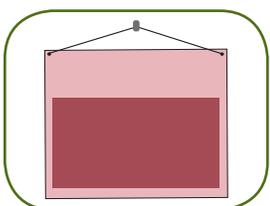
Month



\$ _____

\$ _____

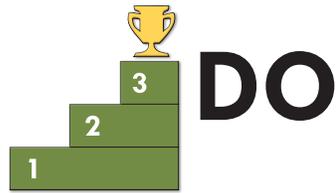
How long will it take to save for what I want?



_____ Weeks

_____ Months

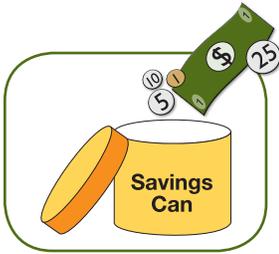
Making It Happen



I will start my plan:

 Date _____

How much money will I put away?



Each day

\$ _____

Each week

\$ _____

Each month

\$ _____

I will put extra money in:



Special place. _____
 In the bank.

I will get support from:



Friend
 Family
 Support Person

Name: _____